

# PPCT WEAPON RETENTION AND DISARMING INSTRUCTOR SCHOOL

## Course Description

A weapon retention or disarming situation is one of the most dangerous and stressful encounters an officer may face. In either circumstance, failure to control a weapon could lead to an officer's or an innocent civilian's death.

The study of the effects of survival stress has proven that techniques which are designed to be used in a deadly force environment, must be kept simple and few in number. The PPCT Weapon Retention and Disarming System was designed around these parameters, and consists of two drawn weapon retention techniques and only one holstered retention technique. The PPCT Disarming System has only one technique which is combined with a distraction and follow up stun. All three techniques work against the weakest part of the grip, making the techniques equally effective for officers of all sizes and strength levels.

## Course Topics

### *Survival Learning Research*

This unit examines research from educational psychology, motor learning science and neurobiology, and applies the research to the design of use of force systems. The unit explains why simple gross motor skills and systems with few techniques, are more compatible to use of force training.

### *PPCT Control Principles*

The foundation of the PPCT training systems is based upon a series of training principles. This unit examines the PPCT Resistance/Control Continuum, principles of controlling behavior, survival reaction time and tactical positioning.

### *PPCT Stuns*

This portion of the class trains students in the popular PPCT method of striking nerve motor points to elicit a stun or distraction. In retaining and disarming a weapon, the use of simple and effective PPCT strikes enhances the officer's ability to facilitate or control a subject after the weapon has been controlled.

### *PPCT Weapon Retention System*

This unit teaches a two technique system designed to control holstered or drawn handguns, as well as maintaining control of a long gun. Both of the techniques are based on attacking the weakest part of the grip. However, the PPCT Weapon Retention System also addresses the concern for follow up control. All too often, officers are successful in retaining their weapon against a single attack, but fail to defend their weapon against a subsequent attack. The PPCT Weapon Retention System confronts this concern with a follow up stun, which is combined with any retention technique.

### *PPCT Weapon Disarming System*

The PPCT Disarming System consists of one technique which can be effectively applied to handguns, long guns, edged weapons or clubs. This technique is designed to attack the structural limitations of the grip and move a weapon through the opening of the fingers.