



PPCT Weapon Retention and Disarming Instructor School

Course Description:

The GETS PPCT Weapon Retention and Disarming System is a simple system based on gross motor skills. Based on tactical, legal and medical research, the course examines the issues a student needs to consider in preparing mentally and physically to disarm an assailant and presents the basic steps in both the PPCT weapon retention and weapon disarming systems.

Course Goals:

1. To examine survival learning research in an effort to enhance survivability in combat situations.
2. To instruct a system of weapon retention and disarming that is compatible with the effects of survival stress.
3. To teach a system of weapon retention and disarming based upon techniques that do not rely on size and strength and that can be easily learned and retained.
4. To refine student technique to the instructor level.
5. To teach instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques.

Course Topics:

Use of Force Human Factors

This chapter examines survival stress research and provides students with information that will enhance their survivability in combative situations and recommendations regarding issues related to critical incident management.

Instructor Development and Training Protocols

This chapter reviews instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques. Topics covered include the psychology of survival training, motivational factors for learning survival skills, the neural basis of learning, and the stimulus response training principle. This chapter also introduces PPCT training protocols, including certification procedures, course protocols and registration requirements, and classroom safety concerns.

PPCT Control Principles

This chapter introduces the basic training principles that form the foundation on which all PPCT training systems are based. Topics discussed include components of acceptability, the PPCT Resistance/Control Continuum, common types of resistance, principles of controlling resistive behavior, survival reaction time, the reactionary gap, and tactical positioning.

PPCT Weapon Retention and Disarming System

This chapter examines the PPCT Weapon Retention and Disarming System, including the issues a student needs to consider in preparing mentally and physically to disarm an assailant and the basic steps in the PPCT retention and disarming systems.