



GOLDEN EAGLE TRAINING & SAFETY

PPCT Defensive Tactics Instructor School

Course Description:

The GETS PPCT Defensive Tactics System is the first subject control system developed through tactical, legal and medical research. Tactically, the system addresses the most common types of resistance officers encounter, allowing the instructor to maximize training on job related techniques. Legally, the PPCT System teaches a simple use of force continuum that clarifies the appropriate force level for every level of resistance. Medical research was conducted on every PPCT technique to refine technique efficiency and to ensure the medical implications were proportional to the level of resistance.

Course Goals:

1. To examine survival learning research in an effort to enhance survivability in combat situations.
2. To instruct a subject control system that is compatible with the effects of survival stress.
3. To teach a subject control system based upon the four most common types of resistance.
4. To refine student technique to the instructor level.
5. To teach instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques.

Course Topics:

Use of Force Human Factors

This chapter examines survival stress research and provides students with information that will enhance their survivability in combative situations and recommendations regarding issues related to critical incident management.

Instructor Development and Training Protocols

This chapter reviews instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques. Topics covered include the psychology of survival training, motivational factors for learning survival skills, the neural basis of learning, and the stimulus response training principle. This chapter also introduces PPCT training protocols, including certification procedures, course protocols and registration requirements, and classroom safety concerns.

PPCT Control Principles

This chapter introduces the basic training principles that form the foundation on which all PPCT training systems are based. Topics discussed include components of acceptability, the PPCT Resistance/Control Continuum, common types of resistance, principles of controlling resistive behavior, survival reaction time, the reactionary gap, and tactical positioning.

PPCT Tactical Handcuffing System

This chapter presents the PPCT Tactical Handcuffing System, a highly effective process that emphasizes a "commonality of technique" for application from the various handcuffing positions. Also discussed are the types of subjects students will encounter, the proper handcuffing grip, tactical considerations, handcuffing liability, handcuffing myths, and handcuff selection and maintenance.

Escort Position and Joint Lock Control

This chapter provides students with the skills and knowledge required to control escort position resistance and teaches techniques for follow-up control. It examines the escort position, the most common forms of escort position resistance, joint locks, and follow-up control techniques.

Pressure Point Control Tactics

This chapter teaches students how to effectively and justifiably utilize pressure point control tactics for subject control. Topics include methods of application, nerve pressure point and nerve motor point locations, and use of force considerations.

Defensive Counterstrikes

The defensive counterstrike chapter provides students with the skills and knowledge required to not only determine when it is appropriate to strike a subject, but to deliver the strike effectively as well. Topics include the tactical methodology of PPCT counterstrikes, the Fluid Shockwave Principle of striking, defensive stances and blocks, and counterstrikes with the hands and legs.

PPCT Shoulder Pin Restraint System

This chapter introduces the PPCT Shoulder Pin Restraint System as an alternative to the traditional bilateral neck restraint, pursuant to PPCT's goal of simplifying all aspects of training by utilizing gross motor skills. A highly versatile technique, the PPCT Shoulder Pin Restraint can be used as a low-level restraint to pin a subject to the ground, or it can be used to render a subject unconscious in incidents of high-level resistance. The chapter discusses the different types of neck restraints, the physiological factors of vascular restraints, technical aspects of the Shoulder Pin technique, and force considerations.

PPCT Impact Weapon System

This chapter presents the PPCT Impact Weapon System, a highly effective process that targets the PPCT nerve motor points. It examines the advantages and disadvantages of collapsible batons, legal considerations of the PPCT nerve motor point system, the Fluid Shockwave Principle of striking, and blocking and striking techniques of the system.

PPCT Weapon Retention and Disarming System

This chapter examines the PPCT Weapon Retention and Disarming System, a simple system based on gross motor skills. It examines the issues a student needs to consider in preparing mentally and physically to disarm an assailant and the basic steps in the PPCT retention and disarming procedures.

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